



TECHNICAL RULES FOR TRIATHLON TEAMS

- 1- **At 1:30 p.m. next to the bib number delivery tent, a brief meeting will take place, which must be attended by all team participants, to clarify any doubts about these rules.**
- 2- **In the Transition Area, only the participant of the team that performs the cycling segment will be able to enter,** where the bicycle, bib number, helmet and footwear that will be used to ride a bike must be left.
- 3- **The participant who is going to perform the cycling segment** must wait in the relay area enabled for this purpose at the entrance to the Transition Area, where the swimmer will give him the chip as a witness of said relay, and at that time he will be able to enter to make the transition to the cycling segment.
- 4- **The participant who performs the running segment** must be in the area set up for this purpose, at the exit of the Transition Area, where the cyclist after making the transition will give him the chip as a witness of the relay, and at that moment the clock will start with the retention time with respect to the individual participants.
- 5- **In the Cycling segment,** the bib number will be visible from the back, and team members will not be able to circulate during the wheeled course (No Drafting), of the individual participants neither men nor women, since this would be grounds for sanction by the Officials of the race.
- 6- **In the Running segment,** the bib number will be visible from the front, and in no case may it be accompanied by another teammate or spectator, this being grounds for disqualification.